

NEW BEAUTY

SPECIAL REPORT

CAN YOU STOP AGING?

experts reveal the truth

A BETTER BODY IN 24 HOURS

THE BEST SKIN OF YOUR LIFE!

all it takes is 15 minutes!

CONNIE BRITTON
why 40 is her best decade

How to LOOK YOUNGER

the latest products, ingredients and treatments that promise to take years off—they really work!

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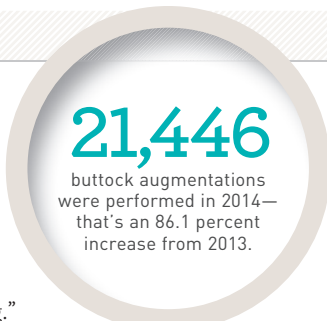


WHAT'S HOT IN BEAUTY

ELISE MINTON
EXECUTIVE BEAUTY EDITOR

is ice rolling the next new thing in beauty?

The application of cold for beauty purposes just keeps on growing, and the latest trend is “ice rolling.” Consisting of an at-home handheld plastic head roller tool (there’s an in-office professional version made of stainless steel) that looks almost like a mini paint roller of sorts, the premise behind this is that rolling something cold over your face helps depuff, lift, firm and calm your skin. Intrigued by this, I decided to give it a try. I put the **Hansderma SkinCool Ice Roller** to use a few days after I had filler injected and I was feeling a little swollen. I thought, it couldn’t hurt, right? After 24 hours in the freezer, the roller is activated, and it feels so good as you gently glide it across your skin. My face instantly felt tighter and firmer—even my under-eye bags seemed to be less noticeable (although they weren’t completely erased). This may just become my new go-to for instant skin rejuvenation or when I want my makeup to look that much better.



SOURCE: ASAPS



the thinner thigh treatment

Women will go to pretty much any extreme to get thighs that are firm, thin and free of cellulite. Now, thanks to a new in-office procedure that targets the thighs exclusively, you can be one step closer to the legs you’ve always wanted. Vanquish Flex uses the same fat-melting technology as its sister treatment, Vanquish, but works to fight fatty areas on the thighs instead of the abdomen. Using radio-frequency energy to heat up deep layers of tissue, Vanquish Flex relies on a specially designed two-panel system that doesn’t directly touch the patient, which makes the treatment more comfortable. While the results are permanent, they won’t be immediate—it can take six weeks to see them. And, one thing to keep in mind is the time commitment required: four to six sessions spaced about one week to 10 days apart.

>> FOR MORE BEAUTY LAUNCHES TO TRY, VISIT NEWBEAUTY.COM



3 new products you have to try

01 LIVING PROOF NIGHT CAP OVERNIGHT PERFECTOR

I recently lightened my hair and needed something more powerful than the average conditioning mask, so I gave this leave-in a shot. I loaded up my hair with it, brushed it through and went to bed. In the morning, after I rinsed it out, I was amazed at how soft, shiny and manageable my hair was. **\$28, livingproof.com**

02 MARIO BADESCU BOTANICAL EXFOLIATING SCRUB

Effective without being harsh, this exfoliator lifts away dead skin to reveal a fresh, glowing complexion. I like that it’s supergentle because many exfoliators make my skin feel uncomfortable when washing with them. Plus, it smells oh-so good. **\$26, mariobadescu.com**

03 BENEFIT ROLLER LASH MASCARA

I love mascara, and I instantly fell head over heels for this kitschy-looking one, which is inspired by old-school hair rollers. It lifts, curls, separates and lengthens lashes all in one fell swoop. Never cakey or flaky, two coats of this provitamin B5-based formula keeps my lashes looking perfect all day long. **\$24, ulta.com**